

# Washington Behavioral Risk Factor Surveillance System

## 2003 Tobacco Survey Results

### *Snohomish County*

#### What is your age?

n = 848

18 - 34	29.8%	(± 3.8%)
35 - 54	46.6	(± 3.8)
55 - 74	17.1	(± 2.5)
75+	6.5	(± 1.8)

#### Gender

n = 848

Male	49.7%	(± 3.8%)
Female	50.3	(± 3.8)

#### Which one of these groups would you say best represents your race...

n = 843

White	88.8%	(± 2.5%)
Black or African American	1.3	(± 0.8)
Asian	3.8	(± 1.6)
Native Hawaiian or Other Pacific Islander	0.7	(± 0.6)
American Indian, Alaska Native	1.2	(± 0.8)
Other race	3.9	(± 1.6)
No preferred race	0.3	(± 0.4)

#### Are you Hispanic or Latino/Latina?

n = 847

Yes	6.2%	(± 1.9%)
No	93.8	(± 1.9)

#### Marital status

n = 844

Married	62.2%	(± 3.7%)
Divorced	13.2	(± 2.3)
Widowed	4.6	(± 1.2)
Separated	2.1	(± 1.1)
Never been married	14.3	(± 3.0)
Or a member of an unmarried couple	3.8	(± 1.6)

#### How many children less than 18 years of age live in your household?

n = 846

None	53.4%	(± 3.9%)
1	20.2	(± 3.3)
2	16.9	(± 2.9)
3 or more	9.5	(± 2.2)

#### What is the highest grade or year of school you completed?

n = 847

Some high school or less	8.0%	(± 2.2%)
High school graduate or GED	23.7	(± 3.4)
Some college or technical school	35.7	(± 3.6)
College graduate or more	32.7	(± 3.6)

Estimates based on sample sizes less than 50 were omitted.

<b>Are you currently. . .</b>	n = 846	
Employed for wages	56.9%	(± 3.8%)
Self-employed	10.1	(± 2.3)
Out of work	6.1	(± 2.0)
Homemaker	7.8	(± 1.9)
Student	2.8	(± 1.4)
Retired	13.0	(± 2.3)
Or unable to work	3.2	(± 1.4)

<b>Annual household income from all sources</b>	n = 757	
Less than \$20,000	9.0%	(± 2.3%)
\$20,000 to less than \$50,000	41.5	(± 4.0)
\$50,000 or more	49.6	(± 4.1)

<b>Have you smoked at least 100 cigarettes in your entire life?</b>	n = 1452	
Yes	46.0%	(± 2.9%)
No	54.1	(± 2.9)

<b><i>Among those that have smoked at least 100 cigarettes in their entire life:</i></b>		
<b>Do you now smoke cigarettes everyday, some days, or not at all?</b>	n = 671	
Everyday	30.9%	(± 4.0%)
Some days	10.3	(± 2.6)
Not at all	58.8	(± 4.2)

<b><i>Among current smokers:</i></b>		
<b>During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?</b>	n = 265	
Yes	56.5%	(± 6.7%)
No	43.6	(± 6.7)

<b>Current cigarette smoking prevalence:</b>	n = 1452	
(every day or some day smokers among the whole population)	18.9%	(± 2.3%)

<b><i>Among those that have smoked at least 100 cigarettes:</i></b>		
<b>Did you smoke any cigarettes during the past 30 days?</b>	n = 377	
Yes	46.0%	(± 5.7%)
No	54.0	(± 5.7)

<b><i>Among those that have smoked in the past 30 days:</i></b>		
<b>On how many days of the past 30 days did you smoke cigarettes?</b>	n = 157	
Less than 30 days	29.7%	(± 8.2%)
30 days	70.3	(± 8.2)

<b><i>Among those that have smoked in the past 30 days:</i></b>		
<b>On average, about how many cigarettes per day do you smoke, on the days that you do smoke?</b>	n = 156	
Average:	12.8	(± 1.7)

Estimates based on sample sizes less than 50 were omitted.

<b>Have you ever tried using smokeless tobacco, like chew, dip or snuff?</b>	n = 834
Yes	18.9% (± 3.2%)
No	81.1 (± 3.2)

***Among those that have ever tried smokeless tobacco:***

<b>On how many of the past 30 days did you use smokeless tobacco products?</b>	n = 134
None	82.1% (± 7.7%)
Less than 30 days	8.6 (± 6.0)
30 days	9.3 (± 5.6)

<b>Current smokeless tobacco prevalence:</b>	n = 834
(any use in past 30 days among the whole population)	3.4% (± 1.6%)

<b>Do you currently smoke tobacco in a pipe?</b>	n = 833
Yes	0.7% (± 0.7%)
No	99.3 (± 0.7)

<b>In the past month, have you smoked a cigar, even just a puff?</b>	n = 833
Yes	6.1% (± 2.1%)
No	93.9 (± 2.1)

<b>In the past month, have you smoked bidis?</b>	n = 833
Yes	0.4% (± 0.7%)
No	99.6 (± 0.7)

<b>In the past month, have you smoked clove cigarettes?</b>	n = 833
Yes	0.7% (± 0.8%)
No	99.3 (± 0.8)

<b>Current tobacco use (all types of tobacco)</b>	n = 834
Current daily tobacco user	25.8% (± 3.5%)
Current non-tobacco user	74.2 (± 3.5)

***Among former smokers:***

<b>About how long has it been since you last smoked cigarettes regularly, that is, daily?</b>	n = 216
Within the past month (less than 1 month ago)	0.0% (± 0.0%)
Within the past 3 months (1-3 months ago)	1.5 (± 1.7)
Within the past 6 months (3-6 months ago)	0.4 (± 0.8)
Within the past year (6-12 months ago)	4.7 (± 3.7)
Within the past 5 years (1-5 years ago)	25.7 (± 6.8)
Within the past 15 years (5-15 years ago)	26.3 (± 6.4)
More than 15 years ago	37.7 (± 7.2)
Never used regularly	3.6 (± 2.6)

***Among former smokers:***

**When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day?** n = 199

Average: 17.8 (± 1.9)

***Among current tobacco users:***

**In the past month, did you buy tobacco on a Native American reservation?** n = 191

Yes 21.2% (± 6.6%)

No 78.8 (± 6.6)

***Among current tobacco users:***

**In the past month, did you buy tobacco from the Internet?** n = 192

Yes 2.4% (± 2.1%)

No 97.6 (± 2.1)

***Among current tobacco users:***

**During the past month, did you buy tobacco outside the state to save money - not just because you were traveling?** n = 192

Yes 4.4% (± 3.1%)

No 95.6 (± 3.1)

***Among current/former tobacco users:***

**People close to me are/were upset by my using tobacco.** n = 375

Strongly agree 44.6% (± 5.7%)

Somewhat agree 20.8 (± 4.7)

Somewhat disagree 18.8 (± 4.6)

Strongly disagree 15.9 (± 4.3)

***Among current/former tobacco users:***

**When was the last time a family member or friend advised you to quit, if ever?** n = 376

Within the past year (1-12 months) 35.0% (± 5.5%)

Within the past three years (1-3 years) 6.2 (± 2.6)

3 or more years ago 25.7 (± 4.8)

They never advised me to quit 33.1 (± 5.5)

***Among current/former tobacco users:***

**When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever?** n = 383

Within the past year (1-12 months) 21.8% (± 4.7%)

Within the past three years (1-3 years) 10.1 (± 3.4)

3 or more years ago 13.6 (± 3.6)

They never advised me to quit 54.6 (± 5.7)

***Among current/former tobacco users:***

<b>When was the last time a DENTIST advised you to quit, if ever?</b>	n = 385	
Within the past year (1-12 months)	11.0%	(± 3.6%)
Within the past three years (1-3 years)	5.5	(± 2.7)
3 or more years ago	6.2	(± 2.8)
They never advised me to quit	77.3	(± 4.8)

***Among those advised to quit:***

<b>Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?</b>	n = 203	
Yes	44.3%	(± 7.8%)
No	55.7	(± 7.8)

***Among current/former tobacco users:***

<b>How many times in your life have you seriously tried to quit using tobacco?</b>	n = 360	
0	13.7%	(± 4.2%)
1-2	48.1	(± 5.8)
3-5	22.8	(± 4.9)
6 or more	15.4	(± 4.3)

**About how long has it been since you last visited a DOCTOR for a routine  
checkup?** n = 823

Within the past year (1-12 months ago)	71.1%	(± 3.6%)
Within the past two years (1-2 years ago)	14.2	(± 2.7)
Within the past 3 years (2-3 years ago)	4.7	(± 1.7)
Within the past 5 years (3-5 years ago)	3.2	(± 1.6)
5 or more years ago	5.8	(± 2.0)
Never	1.0	(± 0.7)

**What type of health coverage do you use to pay for most of your medical care? Is  
it coverage through. . .** n = 730

Your employer	51.1%	(± 4.1%)
Someone else's employer	21.0	(± 3.4)
A plan that you or someone buys on your own	9.0	(± 2.3)
Medicare	12.7	(± 2.5)
Medicaid or Medical Assistance	3.4	(± 1.6)
The military, CHAMPUS, or the VA	2.5	(± 1.3)
The Indian Health Service	0.0	(± 0.0)
Some other source	0.3	(± 0.4)

***Among current and recent former smokers:***

<b>Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?</b>	n = 157	
Yes	58.3%	(± 8.9%)
No	41.7	(± 8.9)

***Among current and recent former smokers:***

**Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco?** n = 159

Yes	4.8%	(± 4.0%)
No	95.2	(± 4.0)

***Among current and recent former smokers with health care coverage:***

**Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications?** n = 127

Yes	31.5%	(± 9.2%)
No	23.9	(± 8.6)
Don't know/Not sure	44.5	(± 9.9)

***Among current and recent former smokers:***

**During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco?** n = 158

Yes	30.8%	(± 8.4%)
No	69.2	(± 8.4)

***Among current and recent former smokers:***

**Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco?** n = 156

Yes	41.3%	(± 8.9%)
No	58.7	(± 8.9)

***Among current and recent former smokers who have heard of the "Quit-Line":***

**Have you called the Quit line?** n = 69

Yes	8.2%	(± 8.6%)
No	91.8	(± 8.6)

***Among current tobacco users:***

**Would you like to quit using tobacco?** n = 182

Yes	67.9%	(± 7.6%)
No	32.1	(± 7.6)

***Among current tobacco users who would like to quit:***

**Are you seriously considering quitting tobacco use within the next 6 months?** n = 124

Yes	92.6%	(± 5.2%)
No	7.4	(± 5.2)

***Among current tobacco users considering quitting within 6 months:***

**Are you planning to stop within the next 30 days?** n = 120

Yes	43.6%	(± 10.0%)
No	43.1	(± 9.7)
Don't know/Not sure	13.3	(± 6.8)

<b>Are you currently registered to vote?</b>			n = 826
Yes	80.0%	(± 3.3%)	
No	20.0	(± 3.3)	

<b>Which of the following statements best describes the rules about smoking in your home. . .</b>			n = 823
No one is allowed to smoke anywhere inside your home	85.5%	(± 3.0%)	
Smoking is allowed at some places or at some times	6.9	(± 2.2)	
Smoking is permitted anywhere inside your home	7.5	(± 2.2)	

<b>How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?</b>			n = 829
No current smokers in household	65.5%	(± 3.8%)	
1	21.0	(± 3.3)	
2	10.1	(± 2.4)	
3 or more	3.4	(± 1.9)	

<b>On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?</b>			n = 825
None	86.5%	(± 2.8%)	
Less than 30	6.1	(± 1.9)	
30 days	7.3	(± 2.3)	

<b>If it were just up to you, would you let people smoke inside your home?</b>			n = 821
Yes	8.9%	(± 2.1%)	
No	91.1	(± 2.1)	

***Among people who are currently employed for wages:***

<b>When you are at work, do you spend most of your time in an. . .</b>			n = 530
Office	46.5%	(± 4.8%)	
Store	7.3	(± 2.9)	
Restaurant or Bar	3.7	(± 1.9)	
Warehouse or factory	9.1	(± 2.9)	
Home/Someone elses home	9.5	(± 2.8)	
Outdoors	9.8	(± 2.9)	
Car or truck	3.4	(± 1.7)	
Classroom	4.9	(± 1.9)	
Hospital	2.9	(± 1.4)	
Somewhere else	2.9	(± 1.7)	

***Among people who are currently employed for wages:***

<b>Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?</b>			n = 525
Yes	10.6%	(± 3.2%)	
No	89.4	(± 3.2)	

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges?** n = 522

Yes	3.9%	(± 2.0%)
No	96.1	(± 2.0)

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area?** n = 521

Yes	4.7%	(± 2.1%)
No	95.3	(± 2.1)

***Among people who are currently employed for wages:***

**In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work?** n = 527

None	81.1%	(± 4.0%)
Less than one hour	7.8	(± 2.6)
One hour or more	11.1	(± 3.3)

**In general, would you say that breathing secondhand smoke is. . .**

n = 816

Not at all annoying to you	8.9%	(± 2.1%)
A little bit annoying	14.8	(± 3.0)
Somewhat annoying	20.6	(± 3.3)
Very annoying to you	55.7	(± 3.9)

**Would you say that breathing secondhand smoke is. . .**

n = 810

Not at all harmful	1.9%	(± 1.1%)
A little bit harmful	6.3	(± 1.8)
Somewhat harmful	23.7	(± 3.4)
Very harmful	68.2	(± 3.6)

**All people should be protected from secondhand smoke.**

n = 792

Strongly agree	62.7%	(± 3.9%)
Somewhat agree	20.8	(± 3.3)
Somewhat disagree	9.8	(± 2.4)
Strongly disagree	6.7	(± 2.1)

**All children should be protected from secondhand smoke.**

n = 816

Strongly agree	88.8%	(± 2.5%)
Somewhat agree	6.8	(± 2.0)
Somewhat disagree	1.5	(± 0.9)
Strongly disagree	3.0	(± 1.4)

**Do you think that smoking should be completely banned in restaurants?**

n = 826

Yes	74.0%	(± 3.5%)
No	24.0	(± 3.4)
Don't know/Not sure	2.0	(± 1.1)

<b>Do you think that smoking should be completely banned in bars and lounges?</b>		n = 823
Yes	35.9%	(± 3.7%)
No	58.4	(± 3.8)
Don't know/Not sure	5.7	(± 1.7)

<b>Do you think that smoking should be completely banned in outdoor public areas where children may be present?</b>		n = 823
Yes	54.2%	(± 3.9%)
No	42.3	(± 3.9)
Don't know/Not sure	3.5	(± 1.3)

<b>Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.</b>		n = 806
Strongly agree	59.5%	(± 3.9%)
Somewhat agree	19.4	(± 3.2)
Somewhat disagree	13.9	(± 2.7)
Strongly disagree	7.1	(± 2.1)

<b>The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.</b>		n = 803
Strongly agree	54.1%	(± 3.9%)
Somewhat agree	26.5	(± 3.5)
Somewhat disagree	9.4	(± 2.2)
Strongly disagree	10.0	(± 2.4)

<b>School officials should make sure that all children receive anti-tobacco education.</b>		n = 818
Strongly agree	84.7%	(± 2.9%)
Somewhat agree	10.9	(± 2.4)
Somewhat disagree	1.3	(± 1.0)
Strongly disagree	3.1	(± 1.4)

<b>Tobacco use by adults should not be allowed on school grounds or at any school events.</b>		n = 824
Strongly agree	84.7%	(± 3.0%)
Somewhat agree	10.0	(± 2.5)
Somewhat disagree	2.8	(± 1.3)
Strongly disagree	2.5	(± 1.4)

<b>Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?</b>		n = 797
Yes	39.3%	(± 3.9%)
No	60.7	(± 3.9)

***Among people who have seen or heard of community efforts/activities:***

**Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth?** n = 342

Yes	19.6%	(± 4.5%)
No	80.4	(± 4.5)

***Among people who have seen or heard of community efforts/activities:***

**To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years?** n = 344

Yes	27.0%	(± 5.2%)
No	51.3	(± 6.0)
Don't know/Not sure	21.7	(± 4.6)

***Among people who know of anti-tobacco organizations in their community:***

**Do you approve of what this local organization is doing to prevent tobacco use and help people quit?** n = 95

Definitely yes	77.1%	(± 9.1%)
Probably yes	18.8	(± 8.5)
Probably no	1.6	(± 3.2)
Definitely no	2.4	(± 2.8)

**There are more negative things than positive things about smoking.**

n = 824

Strongly agree	91.5%	(± 2.3%)
Somewhat agree	5.4	(± 1.8)
Somewhat disagree	1.5	(± 1.1)
Strongly disagree	1.7	(± 1.1)

**Smoking sometimes makes a person more attractive.**

n = 820

Strongly agree	1.4%	(± 1.4%)
Somewhat agree	0.8	(± 0.6)
Somewhat disagree	5.9	(± 1.9)
Strongly disagree	91.8	(± 2.4)

**There are so many things that cause cancer, tobacco use is not going to make any difference.**

n = 810

Strongly agree	7.9%	(± 2.2%)
Somewhat agree	5.4	(± 1.8)
Somewhat disagree	9.3	(± 2.4)
Strongly disagree	77.4	(± 3.4)

**Would you ever use or wear something that has a tobacco company logo or picture on it?**

n = 808

Yes	17.1%	(± 3.1%)
No	82.9	(± 3.1)

<b>Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?</b>	n = 823	
Yes	9.0%	(± 2.5%)
No	91.0	(± 2.5)

<b>During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?</b>	n = 804	
Yes	16.4%	(± 3.0%)
No	83.6	(± 3.0)

<b>During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?</b>	n = 815	
Yes	9.3%	(± 2.4%)
No	90.7	(± 2.4)

<b>Tobacco companies should have the same rights to advertise their products as other companies.</b>	n = 799	
Strongly agree	20.6%	(± 3.3%)
Somewhat agree	29.2	(± 3.6)
Somewhat disagree	13.6	(± 2.6)
Strongly disagree	36.6	(± 3.8)

***Among people with children ages 12 to 17:***

<b>Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .</b>	n = 153	
We have talked about the dangers of tobacco use many times	80.3%	(± 7.6%)
We have had at least one conversation that I can remember	10.7	(± 6.2)
I don't remember a specific conversation, but my child knows how I feel	6.9	(± 4.7)
For now, I have not talked with my child about the dangers of tobacco use	2.1	(± 2.3)

***Among people with children ages 12 to 17:***

<b>Have you told your child specifically that you do not want him or her to use tobacco?</b>	n = 153	
Yes	91.5%	(± 4.6%)
No	8.5	(± 4.6)